

Aftercare

After Your Appointment

- **4-5 hours after the procedure:**

- Clean the area with sterile/distilled water and a clean cotton pad to remove the numbing cream. Allow the area to air dry.

- **First 10 days after the procedure:**

- Dry skin - After 4 days of dry healing, apply Grapeseed oil sparingly.
- Oily skin - Pat the area with a cotton pad moistened with sterile/distilled water every night.
- Do not use tap (or unsterile) water, cleansers, creams, makeup or any other products on the treated area.

- **First 10 days after the procedure, cont'd.**

- Avoid strenuous physical activity to prevent sweating (which will impact the pigment retention).
- Avoid sleeping on your face; try sleeping on your back or side instead.
- As part of the normal healing process, the treated area will begin to scab 5 – 7 days after the treatment. Do not rub, pick or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off to avoid scarring.
- If heavy scabbing and/or itchiness occur, use a small amount of Grape Seed Oil on the area with a clean cotton swab.
- As the scabs flake off, the pigment may disappear. Do not be alarmed. The color will return within 3 – 5 weeks.

- **Three – four weeks after the procedure:**

- Avoid direct sun exposure or tanning.
- No facials, Botox, chemical treatments or microdermabrasion.
- Once the scabbing process ends (approx. 14 – 21 days after the procedure), begin using sunscreen to protect your eyebrows.
- Do not judge the way your brows look until you have reached six full weeks of healing.

- **Six weeks after procedure:**

- Fully healed brows. Now you're ready for your follow up appointment.
- Continue to use sunscreen on your brows everyday to prevent premature fading.
- Do not use Retin-A or any acids (glycolic, AHA, etc) on your brows.

What is normal?

- Mild swelling, itching, light scabbing, light bruising and dry tightness. Ice packs are nice relief for swelling and bruising.
- Too dark and slightly uneven appearance. After 2-7 days the darkness will fade, and once any swelling dissipates unevenness usually disappears. If it is too dark or still a bit uneven after 4 weeks, then we will make adjustments during the follow up/touch up appointment. If you decide to go darker, this may require repeating the entire procedure and a fee will apply.
- Color change or color loss. As the procedure area heals, the color will lighten and sometimes seem to disappear in places. This can all be addressed during the follow up/touch up appointment which is why this appointment is necessary. The procedure area has to heal completely before we can address any concerns. Healing takes about 4-6 weeks.
- Need a touch up months later. A touch up may be needed 6 months to 1 year after the first touch up procedure depending on your skin, medications, and sun exposure. We recommend the first follow up/touch up 6 weeks after the first session; which is included in today's price. Then every 6 months to 1 year to keep them looking fresh and beautiful. Future touch up sessions will cost the current touch up rate at the time you have it done. If most of the hair strokes have faded (about 70% - TBD by your technician), the entire procedure will need to be repeated. An email photo consultation may be necessary to determine if you need a touch up or a repeat of the entire procedure.

I have read, understand, and agree to the above instructions.

Signed _____ Date _____